



PRIMARY MENU | 5-12 years old

WEEK

1

DATE

02.10.-02.14.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY/SPANISH DAY	FRIDAY
BRUNCH	FRESH FRUIT, BISCUITS	SOFT CHEESE,BUN	HAM SANDWICH	FRESH FRUIT, BISCUITS	FRUIT YOGURT
SOUP	ITALIAN TOMATO SOUP	FALSH GOULASH	MUSHROOM SOUP	MEXICAN VEGETABLE SOUP WITH TORTILLA CRISPS	TURKEY RAGOUT SOUP
MAIN COURSE 1.	BREADED CHEESE SLICES WITH STEAMED RICE & GREAN PEAS	TURKEY ROAST WITH BASIL,TOMATO BULGUR,AND STEAMED CARROTS	CHICKEN MEATBALL WITH MASH POTATO AND GREEN BEANS	CHICKEN PAELLA AND CHURROS WITH CHOCOLATE SAUCE	SPAGHETTI BOLOGNESE FROM TURKEY OR BEEF, BUTTERED CORN
MAIN COURSE 2. <i>Vegetarian</i>	FALAFEL PLATE,FRIES,YOGHURT SALAD	SWEET& SOUR CAULIFLOWER WITH SESAMED SEED,BULGUR	EGGPLANT FILLED WITH CURRY LENTILS RAGOUT	VEGETARIAN PAELLA	SPAGHETTI WITH TOMATO SAUCE, BUTTERED CORN

ENJOY YOUR MEAL!