

 PRIMARY MENU 5-12 years old		WEEK 3	DATE 12.01.-12.05.	
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BRUNCH	FRUIT	NATUR YOGHURT AND CORNFLAKES	HAM&CHEESE TOAST	BANANA, BISCUIT	BUN WITH COTTAGE CHEESE
SOUP	TOMATO SOUP	GREEN PEA SOUP	LENTIL SOUP	POTATO SOUP WITH PASTA	CREAMY CAULIFLOWER SOUP WITH SOUP PEARLS
MAIN COURSE 1.	BREADED CAULIFLOWER WITH JASMINE RICE & STEAMED CARROTS	HUNGARIAN CHICKEN CASSEROLE WITH MARINATED CELERY	TURKEY/PORK IN BRASOV STYLE WITH GRILLED ZUCCHINI	RATATOUILLE CHICKEN WITH BULGUR AND STEAMED GREEN PEAS	CHICKEN NUGGETS WITH RICE AND TRICOLOR VEGETABLES
MAIN COURSE 2. <i>Vegetarian</i>	COCONUTMILK CURRY VEGETABLE RAGOUT WITH JASMINE RICE	GREEK-STYLE POTATO PLATE WITH FETA CHEESE (ZUCCHINI, EGGPLANT, TOMATO, PEPPER, ONION)	RATATOUILLE RICE	PRUNES AND MUSHROOM RAGOUT WITH BULGUR	THAI NOODLES WITH VEGETABLES

ENJOY YOUR MEAL!