



# PRIMARY MENU | 5-12 years old

WEEK

3

DATE

01.20.-01.24.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BRUNCH	FRUIT	NATUR YOGHURT AND CORNFLAKES	HAM&CHEESE TOAST	BANANA, BISCUIT	BUN WITH COTTAGE CHEESE
SOUP	TOMATO SOUP	GREEN PEAS SOUP	LENTIL SOUP	POTATO SOUP WITH PASTA	CREAMY CAULIFLOWER SOUP WITH SOUP PEARLS
MAIN COURSE 1.	BREADED CAULIFLOWER WITH JASMINE RICE & STEAMED CARROTS	HUNGARIAN-STYLE CHICKEN CASSEROLE WITH MARINATED CELERY SLICES	TURKEY/PORK ROAST 'BRASOV'-STYLE WITH BAKED ZUCCHINI	RATATOUILLE CHICKEN WITH RICE AND GREEN PEAS	CHICKEN NUGGETS, STEAMED RICE, TRICOLOR VEGETABLES
MAIN COURSE 2. <i>Vegetarian</i>	COCONUTMILK CURRY VEGETABLE RAGOUT WITH JASMINE RICE	GREEK-STYLE POTATO PLATE WITH FETA CHEESE (ZUCCHINI, EGGPLANT, TOMATO, PEPPER, ONION)	PICCANTE RATATOUILLE RICE	PLUM&MUSHROOM RAGOUT WITH BULGUR	THAI FRIED NOODLES WITH VEGETABLES

ENJOY YOUR MEAL!