



PRIMARY MENU | 5-12 years old

WEEK

1

DATE

03.24.-03.28.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------------|--|---|---|---|--|
| BRUNCH | FRESH FRUIT, BISCUITS | SOFT CHEESE,BUN | HAM SANDWICH | FRESH FRUIT, BISCUITS | FRUIT YOGURT |
| SOUP | ITALIAN TOMATO SOUP | FALSH GOULASH | MUSHROOM SOUP | MEXICAN VEGETABLE SOUP WITH TORTILLA CRISPS | TURKEY RAGOUT SOUP |
| MAIN COURSE 1. | BREADED CHEESE SLICES WITH STEAMED RICE & GREAN PEAS | TURKEY ROAST WITH BASIL,TOMATO BULGUR,AND STEAMED CARROTS | CHICKEN MEATBALL WITH MASH POTATO AND GREEN BEANS | CHICKEN PAELLA | SPAGHETTI BOLOGNESE FROM TURKEY OR BEEF, BUTTERED CORN |
| MAIN COURSE 2. <i>Vegetarian</i> | FALAFEL PLATE,FRIES,YOGHURT SALAD | SWEET& SOUR CAULIFLOWER WITH SESAMED SEED,BULGUR | EGGPLANT FILLED WITH CURRY LENTILS RAGOUT | VEGETARIAN PAELLA | SPAGHETTI WITH TOMATO SAUCE, BUTTERED CORN |

ENJOY YOUR MEAL!