



PRIMARY MENU | 5-12 years old

WEEK

3

DATE

09.07.-09.11.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BRUNCH	FRUIT	PASTRY WITH JAM	HAM&CHEESE TOAST	BANANA AND BISCUIT	BUN WITH COTTAGE CHEESE
SOUP	TOMATO SOUP (1,9,12)	GREEN PEA SOUP (9,12)	LENTIL SOUP (1,9,12)	POTATO SOUP WITH PASTA (1,3,9,12)	CREAMY CAULIFLOWER SOUP WITH SOUP PEARLS (1,7)
MAIN COURSE 1.	CHICKEN AND VEGETABLE RISOTTO WITH CHEESE (7)	HUNGARIAN CHICKEN CASSEROLE WITH MARINATED CELERY (1,3,7,9,12)	TURKEY AND VEGETABLE MEATLOAF WITH MASHED POTATO AND GREEN BEANS (1,7,12)	RATATOUILLE CHICKEN WITH BULGUR AND STEAMED GREEN PEAS (1,12)	CHICKEN NUGGETS WITH RICE AND TRICOLOR VEGETABLES (1,3,)
MAIN COURSE 2. <i>Vegetarian</i>	MANDU WITH VEGETABLE RICE AND SOYA (1,6)	FRIED ZUCCHINI WITH STEAK POTATO (1,3)	GRILLED CHEESE WITH RUCCOLA SALAD AND BULGUR (1,7)	GNOCCHI WITH CHILLI-HONEY SOYA SAUCE (1,3,6)	THAI NOODLES WITH VEGETABLES (1,3,6,12)

Allergens:

1:gluten 2:crustaceans 3:eggs 4:fish 5:peanuts 6:soya 7:milk 8:tree nuts 9:celery 10:mustard 11:sesame 12:sulphites 13:lupin
14:molluscs 15:sweetener 16:liquorice

ENJOY YOUR MEAL!