

Delirest SECONDARY MENU | 13-18 YEARS OLD

WEEK

3

DATE

01.20.-01.24.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	TOMATO SOUP	GREEN PEAS SOUP	LENTIL SOUP	POTATO SOUP WITH PASTA	CREAMY CAULIFLOWER SOUP WITH SOUP PEARLS
MAIN COURSE 1.	BREADED CAULIFLOWER WITH JASMINE RICE & STEAMED CARROTS	BBQ PORK/POULTRY SLICE WITH STEAK POTATO AND STEAMED SWEET CORN	TURKEY/PORK ROAST 'BRASOV'-STYLE WITH BAKED ZUCCHINI	CHICKEN CAPRESE WITH RICE AND STEAMED GREEN PEAS	BREADED CHICKEN WITH RICE AND TRICOLOR VEGETABLES
MAIN COURSE 2. <i>Vegetarian</i>	COCONUTMILK CURRY VEGETABLE RAGOUT WITH JASMINE RICE	GREEK-STYLE POTATO PLATE WITH FETA CHEESE (ZUCCHINI, EGGPLANT, TOMATO, PEPPER, ONION)	PICCANTE RATATOUILLE RICE	PLUM&MUSHROOM RAGOUT WITH BULGUR	THAI FRIED NOODLES WITH VEGETABLES

ENJOY YOUR MEAL!