

Delirest SECONDARY MENU | 13-18 YEARS OLD

WEEK

1

DATE

03.24.-03.28.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	ITALIAN TOMATO SOUP	FALSH GOULASH	MUSHROOM SOUP	MEXICAN VEGETABLE SOUP WITH TORTILLA CRISPS	TURKEY RAGOUT SOUP
MAIN COURSE 1.	BREADED CHEESE SLICES WITH STEAMED RICE & GREEN PEAS	BEEF/TURKEY ROAST WITH PEPPERCORN SAUCE,CROQUETTE,STEAMED CARROTS	TURKEY MEAT BALLS WITH TOMATO SAUCE AND BOILED POTATO	FISH PAELLA	SPAGHETTI BOLOGNESE FROM TURKEY OR BEEF, BUTTERED CORN
MAIN COURSE 2. <i>Vegetarian</i>	FALAFEL PLATE,FRIES,YOGHURT SALAD	SWEET& SOUR CAULIFLOWER WITH SESAMED SEED,BULGUR	EGGPLANT FILLED WITH CURRY LENTIL RAGOUT	VEGETARIAN PAELLA	SPAGHETTI WITH TOMATO SAUCE, BUTTERED CORN

ENJOY YOUR MEAL!