

Delirest SECONDARY MENU | 13-18 YEARS OLD

WEEK

3

DATE

05.26.-05.30.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY/ITALIAN	FRIDAY
SOUP	TOMATO SOUP	GREEN PEA SOUP	LENTIL SOUP	CREAMY CAULIFLOWER SOUP WITH SOUP PEARLS	POTATO SOUP WITH PASTA
MAIN COURSE 1.	BREADED CAULIFLOWER WITH JASMINE RICE & STEAMED CARROTS	BBQ PORK/POULTRY SLICE WITH STEAK POTATO AND STEAMED SWEET CORN	TURKEY/PORK ROAST 'BRASOV'- STYLE WITH BAKED ZUCCHINI	SPAGHETTI CARBONARA	CHICKEN FILLET IN SESAME SEEDED COAT WITH RICE AND TRICOLOR VEGETABLES
MAIN COURSE 2. <i>Vegetarian</i>	COCONUTMILK CURRY VEGETABLE RAGOUT WITH JASMINE RICE	GREEK-STYLE POTATO PLATE WITH FETA CHEESE (ZUCCHINI, EGGPLANT, TOMATO, PEPPER, ONION)	PICCANTE RATATOUILLE RICE	CASARECCE ALLA SORRENTINA	THAI NOODLES WITH VEGETABLES

ENJOY YOUR MEAL!