

 SECONDARY MENU 13-18 YEARS OLD				WEEK 1	DATE 01.05.-01.09.	
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	ITALIAN TOMATO SOUP	FALSH GOULASH SOUP	MUSHROOM SOUP	MEXICAN VEGETABLE SOUP WITH TORTILLA CRISPS	TURKEY RAGOUT SOUP
MAIN COURSE 1.	BREADED CHEESE WITH STEAMED RICE & GREEN PEAS	BEEF OR TURKEY ROAST WITH BLACK PEPPERCORN SAUCE,CROQUETTE AND STEAMED CARROTS	TURKEY MEAT BALLS WITH TOMATO SAUCE AND BOILED POTATO	FISH PAELLA	SPAGHETTI BOLOGNESE FROM TURKEY OR BEEF, BUTTERED CORN
MAIN COURSE 2. <i>Vegetarian</i>	FALAFEL PLATE,FRIES,YOGHURT SALAD	SWEET & SOUR CAULIFLOWER WITH RICE	AUBERGINES FILLED WITH CURRY LENTILS RAGOUT	VEGETARIAN PAELLA	SPAGHETTI WITH TOMATO SAUCE, BUTTERED CORN

ENJOY YOUR MEAL!