

 SECONDARY MENU 13-18 YEARS OLD		WEEK	DATE	
		2	06.23.-06.27.	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	YELLOW SPLIT PEA SOUP	COLD REDCURRANT SOUP	CREAMY ONION SOUP	CAULIFLOWER AND VEGETABLE SOUP	MANGO LASSI
MAIN COURSE 1.	COCONUTMILK-CURRY TOFU RAGOUT WITH VEGETABLES AND RICE	SPAGHETTI MILANESE	GREEK CHICKEN FILLET WITH AUBERGINE COUS COUS	EGGBARLEY WITH TURKEY AND STEAMED GREEN PEAS	MATAR BURGH JÁZMIN RIZZSEL
MAIN COURSE 2. <i>Vegetarian</i>	PASTA WITH CABBAGE	TOMATO AND BASIL WHOLE GRAIN SPAGHETTI	MUSHROOM RAGOUT WITH NOODLES	PICCANTE RATATOUILLE RICE	VEGETARIAN SAMOSA WITH CHUTNEY

ENJOY YOUR MEAL!